

St. Louis Catholic Church

53 Allen Street East, Waterloo ON N2J 1J3 Tel: 519-743-4101
Email: stlouiswaterloo@hamiltondiocese.com Web site: www.saintlouisparish.ca
Served by the Congregation of the Resurrection since 1890.

Office hours: Monday – Thursday 9 - 12 and 1- 4, Friday 9 - 12

Weekday Masses:
Tuesday – Friday 9:00 a.m.
*Rosary: Tuesday to Friday
before 9:00 a.m. Mass*

Sunday Masses:
Saturday: 5:00 p.m.
Sunday: 9:30 a.m.
11:30 a.m.



St Louis Catholic Church

Pastoral Team:

Pastor

Father Phil Reilly, C.R.
preilly@hamiltondiocese.com

Parish Secretary

Anna Malton
stlouiswaterloo@hamiltondiocese.com

Coordinator of Youth and Children's Ministries

Kelly Krause
kkrause@hamiltondiocese.com

Custodian

Doug Lichty

Welcome new members - Whether you are just passing through the area or looking for a spiritual home, we welcome you to St. Louis Catholic Church. We hope you will find our worship environment hospitable and prayerful. People often attend Mass at a parish for months or years without officially registering. Registration here at St. Louis is an expression of your commitment to being an active member of our community. Parish registration simplifies the process with regard to sponsoring a sacramental candidate; obtaining pastoral references and for preparation of baptisms, weddings and funerals. Registration is easy and can be completed at the Parish Office during regular office hours. Registration forms are available at the back of the Church.

Parish Records - Our parish records are very important. We try to keep them up to date. Please advise the office of any changes.

Music in the Liturgy - Music plays an integral role in the liturgical life of the parish. Parishioners are invited to join our choirs. Please contact the choir directors:

9:30 Choir - Bob Reinhart (robertreinhart182@msn.com),

11:30 Choir - Donna McLellan (donna-ipad@hotmail.com),

5:00 Choir - Peter DeSousa (organist) or Youth Music.

Sunday programs for children - During the Sunday morning 9:30 a.m. Mass there is babysitting for children under 3 years of age, Sunday School for 3 to 6 years of age and Children's Liturgy of the Word for children ages 7 and up.

Sacramental Life - St. Louis Parish celebrates the sacraments for its members who are registered and regularly attending. If you are not registered you are automatically a member of a parish closest to you.

Baptism - Celebrated once a month. Please speak with a priest after Mass on Sunday.

Sacrament of Reconciliation - Saturdays 4 - 4:30 p.m., or by appointment.

Marriage - For registered and supporting members, please contact the parish office at least one year in advance of your date.

Becoming Catholic - Rite of Christian Initiation of Adults, preparing adults for baptism and/or to join the community. Please contact the office for further information.

Anointing and Pastoral Care - Our parish community cares about the sick and elderly and the lonely. Please notify the parish office to arrange for them to receive the Anointing of the Sick, or to have the Holy Communion brought to them.

Pastoral Care to those in Hospital - A family member is asked to contact the parish whenever a parishioner is in hospital and requests a pastoral visit, or Sacrament of the Sick (Anointing).

Priesthood and Religious Life - Is God calling you to religious life, as a Brother, Deacon or Priest? If so, please contact the Vocation Director for the Congregation of the Resurrection, at crvocations@gmail.com or www.resurrectionist.ca

Diocesan Newsletter - For information about Activities and Events of interest in the Diocese of Hamilton, subscribe to the online Diocesan Newsletter at www.hamiltondiocese.com

Parish Organizations and Contacts:

Finance Council

Terry Collins, 519-741-1534

Maintenance Committee

Bob Lorentz, 519-576-5556

OOTC Community Suppers

Keith & Sharon Schnarr 519-801-8687

Parish Webmaster

Daniel Delattre, daniel@uwaterloo.ca

Altar Servers Coordinator

Dave Pagett, 519-744-7705

Catechesis Of The Good Shepherd, Youth Ministry

Kelly Krause, 519-743-4101

Catholic Women's League

Donna Herbstreit, 519-884-9380
donna.marie2000@icloud.com

Ministry to the Elderly & Homebound

Cecilia Beechey, 519-572-5435

Prayer Shawl Ministry

Sandra Williams, 519-742-9239

Prayer Chain

Sharon Carey, 519-746-8073

St. Vincent De Paul

For food hamper or more
information call 519-743-4101



THIRD SUNDAY IN LENT

MASS INTENTIONS and EVENTS

Monday, March 13 – No Mass

9 AM – NOON Pickle Ball Gym
7:30 PM Lenten Bible Study (3/5) L. Hall

Tuesday, March 14

9:00 AM To Bring Our Loved Ones Home to the Church
9:30 AM Book Group L. Hall
6:30 PM Choir Rehearsal for 11:30 AM Mass Church

Wednesday, March 15

9:00 AM Intentions of the London Catholic Engaged Encounter Community – Annette & Frank Hulme for CEE District 2
9 AM – NOON Pickle Ball Gym

Thursday, March 16

9:00 AM Intentions of the St. Catherines Catholic Engaged Encounter Community – A. & F. Hulme for CEE District 2
9:30 AM Lenten Bible Study (3/5) L. Hall

Friday, March 17, St. Patrick, Bishop

9:00 AM † David Kirby – Kirby Family
9 AM – NOON Pickle Ball Gym
7:00 PM Stations of the Cross – led by Prayer Shawl Ministry

Saturday, March 18

9 AM – 4 PM Quilting L. Hall

Vigil of Fourth Sunday in Lent

5:00 PM † David Kirby – Kirby Family
† Thomas Forde & Noelle Forde – Pat & Joan Forde
† Margaret Armstrong – Delattre Family
† Mary Reick – Joan Sichewski

Sunday, March 19 – Fourth Sunday in Lent

9:30 AM People of St. Louis Church
11:30 AM † Cameron MacLean – Rosemary & Shaun MacNeil
† Bob Loughridge – Rosemary & Shaun MacNeil
† Brodie Haramis – Suzanne & Ross & Family
† Margaret Armstrong – Malton Family
10:30 AM Sunday Social L. Hall
12:30 PM Lenten Bible Study (4/5) L. Hall
5:00 PM OOTC Community Supper Gym
2:45 PM – 8 PM Set-up to Clean-up

First Reading from Exodus 17: 3-7

The central image of this Sunday's lectionary reading is water. We might be tempted to take water for granted, but when it is plentiful, all creation flourishes and when it is not, all creation gets sick and dies. If we can say these things about water as part of creation, how much more can we say about spiritual water, in all its forms, constantly flowing from God into our lives?

In today's reading we learn that the Israelites had escaped from slavery in Egypt and found themselves facing harsh realities of life in the wilderness. These moments of challenge are described as tests that God imposed to see if their allegiance to God was strong and true. Two tests lead up to today's reading. The first takes place in Marah. The people were thirsty and the water there was bitter. Moses cried out to God and God provided him with a stick, which when thrown into the water made the water fresh. The second test was in the wilderness of Sin. The people were hungry and Moses complained to God. God sent manna and quail. The third test also takes place in the wilderness of Sin. Finding no water, the people complain. Once again God does not rebuke them but directs Moses to hit a rock with his staff, making abundant water flow. The purpose of these tests is fully revealed in the closing sentence: "is the Lord among us or not?" When we are angry with God, can we trust that He will not rebuke us, but turn our hearts towards Him. (From the Workbook for Lectors & Proclaimers of the Word)

Stations of the Cross – on Fridays in Lent at 7 PM.



Bishop Robert Barron writes... Friends, we come now to one of the most important periods of the liturgical year: Lent. During this time of preparation, the Church asks us to cultivate a deeper friendship with God through prayer, to control and reorder our desires for physical goods through fasting, and to show our love in the concrete way of giving alms.

To Pray - We are so busy each day in our life with work, family, and achieving our goals. These are all good and important things, but the trouble is that we rarely raise our minds and hearts to God. Prayer cultivates a friendship with God. We can't leave behind everything else in our lives—in fact, all of that should be related to God—but prayer is explicitly tuning into our friendship and relationship with God.

What's the best way to improve our prayer? Thomas Merton, the spiritual writer, tells us to simply "take the time".

During Lent we can step up our frequency and intensity of prayer. Suggestions: praying the Rosary, praying the Jesus prayer (repeating over and over "Lord, Jesus Christ, son of the living God, have mercy on me, a sinner"), talking about your day to God, asking for His help and mercy, going to Mass during the week, reflecting on the gospel, or anything like that.

To Fast - Reminder: Catholics are not Puritans, Gnostic, or dualists. Catholics do not despise the body, and Catholics do not think the natural desires for food and drink and sex and pleasure are bad things. So fasting has nothing to do with this.

Learning from Thomas Merton; he compares the pleasures of food, drink and sex, like kids who want what they want when they want it—"Give it to me.. I want this and I want it now..".

Good parents will caution the desires of their kids and control them, so this is what we can do for ourselves with fasting.

Food, drink and sex are naturally good desires for us precisely because they are desires for life. They keep us and our species alive, so they are very powerful. Fasting allows us to discipline these desires so that the deeper hungers of the heart and the soul can emerge.

(From stswithuns.org.uk/2022/03/)



Volunteers Needed! St. Louis CWL is looking for 1-2 parishioners (do not have to be a CWL member or a woman) to lead our Funeral Lunches. Duties include: communicating with the rectory, family and caterers and arranging for volunteers to assist with the set-up, serving and clean-up. We are looking for those with strong communication and leadership skills who are comfortable working in the kitchen. Please contact our President, Donna Herbstreit for more info: 519-741-6390.



In early February, parts of **Turkey and Syria** experienced devastating earthquakes. The earthquakes have left both countries in a state of crisis that is made worse by exposure to aftershocks and winter storms. Donations to the Relief Fund are being collected March 4 & 5 and 11 & 12. After that time the funds will be forwarded to the Diocese and then to Relief Agencies.

2023 Diocesan Wedding Anniversary Mass – celebrated by Bp. Crosby on Sun., April 16, at 1:30 PM at Cathedral Basilica of Christ the King. The Mass is for couples celebrating their 25th, 40th, 50th or 60th year (or each year after 60!) of marriage in the year 2023. To register (by March 26th) go to www.hamiltondiocese.com, or call Sarah at 905-528-7988 X 2249.



Solemnity St. Joseph - Mass on Monday, March 20, at 3 PM in the newly renovated Chapel at the Carmel of St. Joseph, St. Agatha. The celebrant will be Bishop Wayne Lobsinger. Light refreshments to follow.

Young Adults Night – Saturday, April 1st – Guelph, Basilica of Our Lady Immaculate (28 Norfolk St.) - Fr. Mark Morley invites all young adults (ages 20s and early 30s) of our diocese to attend a night of Adoration, Fellowship and Praise Music. Arrival and Holy Hour (6:30 PM - 7:30 PM), Social with Food (7:30 PM - 8:30 PM), Praise Night and Vocation Testimony (8 – 9 PM), and Compline (9 PM). Sponsored by the Vocations Office of the Diocese of Hamilton. For more info., contact: vocations@hamiltondiocese.com.



The Waterloo Knights of Columbus is gearing up for another Good Friday Fish Fry at the Columbus Conference Centre, with inside seating starting at 1 PM through to the last seating at 6 PM. Therefore the seatings are on the hour. 1 Piece Dinner \$15, 2 piece Dinner \$20, and includes fries, a roll and slaw. Address: 145 Dearborn Place in Waterloo, YOU must call Martin at 519-884-2060 to reserve your seating time and also call regarding your Take Out order as well.



Join the **Reel Justice Film Festival** for our fun family screening of *Coco* March 23 at 6:30 PM! This delightful film follows young Miguel as he dreams of becoming an accomplished musician, despite his family's generations-old ban on music. Themes of Family and Community, Dignity of the Human Person, Forgiveness, and Cultural Diversity are explored. The screening will be hosted online. R.S.V.P. and view our full schedule of events at www.reeljusticefilmfestival.wordpress.com/. A partnership between the Bishop Farrell Library & Archives and Development and Peace, the Reel Justice Film Festival shines a spotlight on issues of social, political, and economic injustice.

"But the one who drinks of the water that I will give will never be thirsty." Do you thirst to know where God is leading you? Could you be thirsty for an understanding of your purpose? If God is calling you to serve Him as a priest, deacon, brother or sister or consecrated virgin, contact Fr. Mark Morley, Director of Vocations and Priestly Formation, 905-528-7988, vocations@hamiltondiocese.com, or Fr. Raphael Ma, Congregation of the Resurrection Vocation Director, at rvocations@gmail.com, or Carmel of St. Joseph, St. Agatha, at 519-884-6700. Pray for vocations!



Resurrectionist Vocation Minute - The vocation to Consecrated Life is a responsibility and promise. It is a responsibility entrusted to men and women, to contemplate, to live from that original encounter of love, that call, that invitation from the Risen, Transfigured Lord – and to be faithful to this until our own day of Resurrection. Yet it is at the same time a promise: that the day is coming. Read more at www.resurrectionists.ca

Mini Lenten Retreats - The Apostles of the Resurrection invite you to spend 15 minutes in prayer each Sunday this Lent, using their mini Lenten Retreat videos. The retreats focus on the Sunday Gospel and follow a Lectio Divina format, including times for personal reflection. Every Sunday a new video will be available on the CR website, www.resurrectionists.ca, we hope you will participate in these retreats as you are able. The focus for this Second Sunday of Lent is The Call to Holiness.

Sunday	Loose	Relief	Diocesan	Pre Auth.
\$3410.00	\$ 293.45	\$ 3440.00	\$70.00	\$ 2477.42

Thank you for your donations!

PRAYERS STRAIGHT FROM THE BIBLE - PSALMS:

This is the beauty and the special characteristic of this Book of the Bible: the prayers it contains, unlike other prayers we find in Sacred Scripture, are not inserted in a narrative plot that specifies their meaning and role. The Psalms are given to the believer exactly as the text of prayers whose sole purpose is to become the prayer of the person who assimilates them and addresses them to God. Since they are a word of God, anyone who prays the Psalms speaks to God using the very words that God has given to us, addresses him with the words that he himself has given us. So it is that in praying the Psalms we learn to pray. They are a school of prayer. (Pope Benedict XVI)

The whole collection of 150 Psalms is far and away the most popular poetry collection ever published in world history. It has been translated into almost every human language. The Catholic Church and other Christian churches use these poems daily in worship and prayer. The book of Psalms is, in fact, the only book of the Bible usually read at almost every Mass. (John Bergsma)

The poetic device used in the psalms is not rhyme or rhythm but a system of echoing in which a line is restated in different words or is contrasted with a different perspective. With no song books available, this device would have made it easier for the worshipping community to remember the psalm. It is entirely appropriate, therefore, that we use the psalms in our liturgy. The entire Liturgy of the Hours is based on the recitation of psalms so that a person praying the Hours recites each of the psalms at least once a month. (loyolapress.com)

To conclude our reflections on psalms, here are few lines from the **Psalm 136**, subtitled *Litany of thanksgiving*:

Praise the Lord, for he is good; for his mercy endures forever;
 Praise the God of gods; for his mercy endures forever;
 Praise the Lord of lords; for his mercy endures forever;
 Who alone has done great wonders, for his mercy endures forever;
 Who skilfully made the heavens, for his mercy endures forever;
 Who spread the earth upon the waters, for his mercy endures forever;
 Who made the great lights, for his mercy endures forever;
 The sun to rule the day, for his mercy endures forever;
 The moon and stars to rule the night, for his mercy endures forever;
 Who struck down the firstborn of Egypt, for his mercy endures forever;
 And led Israel from their midst, for his mercy endures forever;
 With mighty hand and outstretched arm, for his mercy endures forever;
 Who split in two the Red Sea, for his mercy endures forever;
 And led Israel through its midst, for his mercy endures forever;...
 The Lord remembered us in our low estate, for his mercy endures forever;
 Freed us from our foes, for his mercy endures forever;
 And gives bread to all flesh, for his mercy endures forever.
 Praise the God of heaven, for his mercy endures forever.

"GIVE ME A DRINK OF WATER?" THIS CONVERSATION STARTS OUT WEIRD AND GETS WEIRDER!

NO, IT'S COOL! SEE YAHWEH IS OFTEN DESCRIBED AS ROMANCING ISRAEL AND BOTH ISAAC AND MOSES MET THEIR WIVES AT WELLS**, SO THIS SCENE IDENTIFIES JESUS AS THE ONE WHO PURSUES GOD'S PEOPLE AS YAHWEH DID, EXCEPT THAT THE WOMAN IS AN OUTSIDER AND FAR FROM PERFECT... SHE'S ALL OF US!

WELL YOU CAN TELL HE'S DIVINE. WITH A PICK UP LINE LIKE THAT, I WOULDN'T HAVE EVEN GOTTEN A PHONE NUMBER!

* ISAIAH 62:16
 ** GEN. 24:17 & EX. 2:15

JOHN 4:5-42

www.AGNUSDAY.ORG

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Waterloo Knights of Columbus
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145 Dearborn Place
Friday Night Fish Fry:
Take out call **Derek 226-748-8378**
Eat in call **Manager 519-884-2060**
Wednesday Spaghetti: Take out/Eat in call
Manager 519-884-2060, place orders by 2:30 pm
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